

ABOUT ME

My name is Deborah Lindsey. I have spent the last 23 years of my life working as a professional alternative healthcare practitioner, trainer, and teacher. During that time, I have worked with thousands of clients and students helping them to transform their lives and become the best possible version of themselves.

CONTACT

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📍 Vienna, WV, USA
Panama City, Panama

ACCOLADES

Instructional EFT (IEFT)

Creator of IEFT, a new form of EFT that takes EFT to a new level by integrating intention and energy with biochemical reactions in the body to heal serious illnesses including autoimmune disorders, autism, allergies, and more. Currently in beta testing.

Tapping World Summit

Speaker on the Tapping World Summit 2020 speaking on the topic of "Breaking the Cycle of Chronic Financial Anxiety to Find Peace." Went out to more than a million people worldwide.

Awakened Life Summit

Featured speaker on the Awakened Life Summit in 2021 on the topic of "Overcoming your Limiting Beliefs with EFT Tapping to Unleash Your Greatest Life."



Deborah Lindsey

Master EFT Trainer & Practitioner

EXPERIENCE

Center for EFT Studies
2012 - Present

Founder and Executive Director

Providing professional training online in the Emotional Freedom Techniques. Trained more than 5,000 practitioners in 50 countries around the world. Accredited through AEFTP.

International Metaphysical University
2009 - 20019

Founder, President

Created the first fully online university in the world devoted to the exploration of consciousness. Oversaw creation of all programs and courses and managed day-to-day operations.

Self-Health and Awareness Center
1999 - 2012

Founder, Practitioner, Teacher

Worked as a professional alternative healthcare practitioner and teacher, specializing in the Emotional Freedom Techniques, Jaffe-Mellor Techniques, and others. Taught workshops in healing and consciousness.

Hocking College
2007 - 2009

Member, Board of Advisors, Instructor

Worked as part of a team to create an accredited program in Energy Healing at Hocking College in Ohio. Taught classes in EFT as part of the curriculum.

Local Music Store Artist Development & Distribution Network
1992 - 1997

Founder, Owner

Founded a business to help unsigned bands to garner attention and distribute their music nationwide. Worked with 700 artists & 1600 music outlets. Hosted the first hosted radio-program on XM radio (now XM/Sirius) in history.

EDUCATION

Shippensburg University
1981 - 1985

Bachelor of Arts

B.A. in Government and Communications with a minor in Theatre Arts

CERTIFICATIONS

Certified Emotional Freedom Techniques through Gary Craig and Patricia Carrington, 1999

Jaffe-Mellor Techniques through Caroline Jaffe and Judy Mellor, 1999

Hypnosis through Richard Sutphen, 2005

Various certifications include Usui Reiki Master, Ma'heo'o Reiki Master, Toltec Nagual Reiki Master, Pranic Healing, NLP, Quantum Touch, Touch for Health, Brain Gym, Aromatherapy, M.A.P., Flower Essences, Axiatonal Grid Alignment, Andean Shamanism, more.